

Seven Minute Frosting (Cooked)

1 unbeaten egg white
7/8 c. gran. sugar

3 T. cold water
1/2 t. flavoring

Place all ingredients, except flavoring, in top of double boiler. Place over boiling water & beat with rotary beater for 7 minutes. Add flavoring

Mary Agnes' Icing: 1/3 c. cold water
2 egg whites, 1 1/2 c. sugar, dash of salt